

Patient Name: _____

“Medications” to Avoid

If you are taking any medications on this list, they should be **discontinued 2 weeks prior to surgery - if it is OK'ed by your initial prescribing doctor or your primary care doctor. Only acetaminophen products, such as Tylenol, should be taken for pain.** All other medications, prescriptions (over-the-counter and herbal), that you are currently taking must be specifically cleared by Dr. Naderi prior to surgery. It is absolutely necessary that all of your current medications be specifically cleared by Dr. Naderi &/or your prescribing physician and the nursing staff. Many protein shakes, power bars or energy drinks may contain substances that may increase risk of bleeding as well.

Aspirin Medications to Avoid: *Affect blood clotting.*

| | | | |
|----------------------------------|-----------------------|-------------------------|--------------------------------|
| 4-Way Cold Tabs | Buffex | Gensan | Orphengesic products |
| 5-Aminosalicylic Acid | Butal/ASA/Caff | Goody's Extra Strength | Orudis products |
| Acetilsalicylic Acid | Butalbital Compound | Headache Powders | Oxycodone |
| Actron | Cama Arthritis Pain | Halfprin products | Pabalate products |
| Adprin-B products | Reliever | IBU | P-A-C |
| Aleve | Carisoprodol Compound | Indomethacin products | Pain Reliever Tabs |
| Alka-Seltzer products | Cataflam | Isollyl Improved | Panasal |
| Amigesic Argesic-SA | Cheracol | Kaodene | Pentasa |
| Anacin products | Choline Magnesium | Lanorinal | Pepto-Bismol |
| Anexsia w/Codeine | Trisalicylate | Ibuprohm | Percodan products |
| Arthra-G | Choline Salicylate | Lodine | Phenaphen/Codeine #3 |
| Arthriten products | Cope | Lortab ASA | Pink Bismuth |
| Arthritis Foundation products | Coricidin | Magan | Piroxicam |
| Arthritis Pain Formula | Cortisone Medications | Magnaprin products | Propoxyphene Compound products |
| Arthritis Strength BC Powder | Damason-P | Magnesium Salicylate | Robaxisal |
| Arthropan | Darvon Compound-65 | Magsal | Rowasa |
| ASA | Darvon/ASA | Marnal | Roxeprin |
| Asacol | Diclofenac | Marthritic | Saleto products |
| Ascriptin products | Dipenturn | Mefenamic Acid | Salflex |
| Aspergum | Disalcid | Meprobamate | Salicylate products |
| Asprimox products | Doan's products | Mesalamine | Salsalate |
| Axotal | Dolobid | Methocarbarnol | Salsitab |
| Azdone | Dristan | Micrainin | Scot-Tussin Original 5-Action |
| Azulfidine products | Duragesic | Mobidin | Sine-off |
| B-A-C | Easprin | Mobigesic | Sinutab |
| Backache Maximum Strength Relief | Ecotrin products | Momentum | Sodium Salicylate |
| Bayer Products | Empirin products | Mono-Gesic | Sodol Compound |
| BC Powder | Equagesic | Motrin products | Soma Compound |
| Bismatrol products | Etodolac | Naprelan | St. Joseph Aspirin |
| Buffered Aspirin | Excedrin products | Naproxen | Sulfasalazine |
| Bufferin products | Fiorgen PF | Night-Time Effervescent | Supac |
| Buffetts 11 | Fiorinal products | Cold | Suprax |
| | Flurbiprofen | Norgesic products | Synalgos-DC |
| | Gelpirin | Norwich products | |
| | Genprin | Olsalazine | |

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| | | | |
|-------------|-------------------|---------------|----------------------|
| Talwin | Trilisate | Ursinus-Inlay | Willow Bark products |
| Triaminicin | Tussanil DH | Vanquish | Zorprin |
| Tricosal | Tussirex products | Wesprin | |

Ibuprofen Medications to Avoid

Affect blood clotting.

| | | | |
|---------------------|------------------|---------------------|-------------------|
| Acular (ophthalmic) | Haltran | Nabumetone | Rhinocaps |
| Advil products | Indochron E-R | Nalfon products | Sine-Aid products |
| Anaprox products | Indocin products | Naprosyn products | Sulindac |
| Ansaid | Ketoprofen | Naprox X | Suprofen |
| Clinoril | Ketorolac | Nuprin | Tolectin products |
| Daypro | Ibuprin | Ocufen (ophthalmic) | Tolmetin |
| Dimetapp Sinus | Ibuprofen | Oruvail | Toradol |
| Dristan Sinus | Meclofenamate | Oxaprozin | Voltare |
| Feldene | Meclomen | Ponstel | |
| Fenoprofen | Menadol | Profenal | |
| Genpril | Midol-products | Relafen | |

Avoid ALL Diet Aids – Including Over-the-Counter & Herbal

Intensify anesthesia, serious cardiovascular effects.

Tricyclic Antidepressants to Avoid

Intensify anesthesia, cardiovascular effects.

| | | | |
|---------------|--------------------|---------------|--------------|
| Adapin | Doxepin | Maprotiline | Tofranil |
| Amitriptyline | Elavil | Norpramin | Triavil |
| Amoxapine | Endep | Nortriptyline | Trimipramine |
| Anafranil | Etrafon products | Pamelor | Vivactil |
| Asendin | Imipramine | Pertofrane | |
| Aventyl | Janimine | Protriptyline | |
| Clomipramine | Limbitrol products | Sinequan | |
| Desipramine | Ludiomil | Surmontil | |

Other Medication to Avoid: Affect blood clotting.

| | | | |
|---------------------|----------------------|---------------------|----------------|
| 4-Way w/ Codeine | Dalteparin injection | Macrochantin | Sinex |
| A.C.A. | Dicumerol | Mellaril | Sofarin |
| A-A Compound | Dipyridamole | Miradon | Soltice |
| Accutrim | Doxycycline | Opasal | Sparine |
| Actifed | Emagrin | Pan-PAC | Stelazine |
| Anexsia | Enoxaparin injection | Pentoxifylline | Sulfinpyrazone |
| Anisindione | Flagyl | Persantine | Tenuate |
| Anturane | Fragmin injection | Phenylpropanolamine | Tenuate Dospan |
| Arthritis Bufferin | Furadantin | Plavix | Thorazine |
| BC Tablets | Garlic | Prednisone | Ticlid |
| Childrens Advil | Heparin | Protarnine | Ticlopidine |
| Clinoril C | Hydrocortisone | Pyrroxate | Trental |
| Contac | Isollyl | Ru-Tuss | Ursinus |
| Coumadin (Warfarin) | Lovenox injection | Salatin | Virbamycin |

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Salicylate Medications, Foods & Beverages to Avoid

Affect blood clotting.

| | | | |
|-------------------------------|---|---------------------|--------------|
| Amigesic (salsalate) | Pabalate | Almonds | Garlic |
| Disalcid (salsalate) | Pepto-Bismol (bismuth subsalicylate) | Apples | Ginger |
| Doan's (magnesium salicylate) | Salflex (salsalate) | Apricots | Grapes |
| Dolobid (diflunisal) | Salsalate | Blackberries | Pickles |
| Magsal | Salsitab (salsalate) | Boysenberries | Prunes |
| Pamprin (Maximum Pain Relief) | Trilisate (choline salicylate + magnesium salicylate) | Cherries | Raspberries |
| Mobigesic | | Chinese Black Beans | Strawberries |
| | | Cucumbers | Tomatoes |
| | | Currants | Wine |

Vitamins and Herbs to Avoid

Affect blood clotting, affect blood sugar, increase or decrease the strength of anesthesia, rapid heartbeat, high blood pressure, liver damage. Note: Just because it is not of this list does not mean that it is safe to take while preparing for surgery.

| | | | |
|----------------|-----------------|----------------|------------------------|
| Ackee fruit | Devil's club | Goldenseal | Muwort |
| Alfalfa | Dong Quai root | Gotu Kola | Nem seed oil |
| Aloe | Echinacea | Grape seed | Onions |
| Argimomy | Ephedra | Guarana | Papaya |
| Barley | Eucalyptus | Guayusa | Periwinkle |
| Bilberry | Fenugreek seeds | Hawthorn | Selenium |
| Bitter melon | Feverfew | Horse Chestnut | St. John's Wort |
| Burdock root | Fo-ti | Juniper | Valerian/Valerian Root |
| Carrot oil | Garlic | Kava Kava | "The natural Viagra®" |
| Cayenne | Ginger | Lavender | Vitamin E |
| Chamomile | Gingko | Lemon verbena | Willow bark |
| Chromium | Gingko biloba | Licorice root | Yellow root |
| Coriander | Ginseng | Ma Huang | Yohimbe |
| Dandelion root | Gmena | Melatonin | |

If you are taking anything not on this list, please call the office at (703) 481-0002 or (301) 244-0150 to notify us and make sure that it is okay.

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